## **Steps for the Decision Making Process**

**Step 1: Identify the Problem** 

The decision making process will show you how to identify the problem, gather information, and brainstorm possible solutions to a problem. When you follow the steps for the decision making process, you are able to make purposeful and responsible decisions.

<ul> <li>□ What is the problem?</li> <li>□ Is it important?</li> <li>□ Who will be impacted?</li> <li>□ How much time do I have to solve this problem?</li> </ul>
Step 2: Gather Important Information  ☐ What information do I need to make this decision?  ☐ What do I want?  ☐ What do I need?  ☐ What do I value?
<ul> <li>Step 3: Brainstorm Solutions</li> <li>□ List possible solutions.</li> <li>□ Think about the problem from different perspectives.</li> </ul>
Step 4: Identify Possible Consequences  ☐ Consider each option from Step 3. ☐ Which options feel better than others? ☐ Prioritize which solution you think will work the best.
<ul> <li>Step 5: Make a Decision</li> <li>□ After considering all options, make your decision.</li> <li>□ Your decision could be a combination of some of the options you considered.</li> </ul>
<ul> <li>Step 6:Take Action</li> <li>□ Take action and implement the best decision.</li> <li>□ Make a plan how you will follow through with your decision (if necessary).</li> <li>□ Do you need help or can you do this on your own?</li> </ul>
Step 7: Consider the Result  ☐ Consider the results of your decision. ☐ Did your decision solve the problem? ☐ If not, can you try another option? ☐ If not, can you gather more information?

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